

## VITA

### Thomas J. Wolff, Ph.D.

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126 Cave Hill Road  
Leverett, Massachusetts 01054  
413-367-0239

**Education:** B.A. Clark University, 1964—cum laude, Phi Beta Kappa  
Ph.D. Clinical Psychology, University of Rochester, 1968

**Awards:** For the People Against the Tide Award from Health Care for All for outstanding efforts to energize and educate local communities in all areas of health care justice; June 2000

Henry V. McNeill Award for Innovation in Community Mental Health from the American Psychological Foundation and the Society for Community Research and Action; 1993

Distinguished Practice in Community Psychology, Award from Division 27, American Psychological Association; 1985

Commendation for Outstanding Contribution to Prevention in Mental Health, from the Prevention Section of the National Council of Community Mental Health Centers; 1984

Honorable Mention for Outstanding Research, The American Personnel and Guidance Association; 1971

#### **Professional Experience**

2002–present President, Tom Wolff & Associates

Training, Consultation, Community Development, Organizational Consultation, Facilitation, and Evaluation. Full description at [www.tomwolff.com](http://www.tomwolff.com). Services provided for a wide variety of clients across the U.S. and North America including: government (local, state, federal), foundations, professional associations, non-profits, businesses, health and human service providers, mental health systems, public health systems, and grassroots groups.

1994–present Founder, Healthy Communities Massachusetts

This is a statewide network aimed at supporting community development efforts that build healthy communities in towns and cities across the Commonwealth. HCM projects include an HCM newsletter, work on the Attorney General's Guidelines for Community Benefits for Hospitals and HMOs, and development of the HCM Institute, training community teams in the principles of community development. HCM is funded by: The Boston Foundation, the Department of Public Health, WellChild Foundation, the Toxics Use Reduction Institute, the Department of Health and Human Services, and Blue Cross/Blue Shield.

1994–present Community Tool Box consultant and contributor

Resource person on Community Development and Coalition-Building with the University of Kansas Work Group on Health Promotion and Community Development (<http://www.ctb.lsi.ukans.edu>).

1996–present Consultation and Technical Assistance for the Institute for Community Peace

Formerly the National Funding Collaborative on Violence Prevention. Specific technical assistance to sites in: Washington, D.C.; Santa Barbara, CA; Rockford, IL; and East Tennessee.

1977–2002 Private practice: Consultation

Training, Consultation, Community Development, Organizational Consultation, Facilitation, and Evaluation. Services provided for a wide variety of clients across the U.S. and North America including: government (local, state, federal), foundations, professional associations, non-profits, businesses, health and human service providers, mental health systems, public health systems, and grassroots groups.

1985–2002 Director of Community Development, Area Health Education Centers, University of Massachusetts Medical Center

Responsible for development and implementation of local Health and Human Service Coalition in areas of high need in Massachusetts-Athol/Orange, Northern Berkshire, and Cape Cod. Supervise coalition staff, start coalitions, obtain funding, work with state and local government officials, evaluate programs, link to appropriate federal, state and local organizations.

1990–2002 Director, AHEC Community Partners

Created and directed organization that develops community programming in Massachusetts, with 16 employees and a budget of over \$1 million.

1996–2002 Principal investigator, Healthy Connections and Moving Beyond Enrollment

A federally funded initiative out of the Office of Rural Health Policy. Supported innovative community outreach program in three communities to increase health access for those in need. Principal investigator, Healthy Connections, 1996–1999. Principal investigator, Moving Beyond Enrollment, 1999–2002.

1998–2002 Project supervisor, Health Access Networks

- Funded by the Division of Medical Assistance at the University of Massachusetts Medical School. This project provided six network meetings across the Commonwealth to bring all those concerned with health access for children and families together to exchange information, review policy, and maximize the capacity to enroll children.
- 1975–2001 Private Practice Psychotherapy and Consultation, Amherst, Massachusetts
- 1996–1999 Community-Based Community Development Curriculum, The Boston Foundation
- Curriculum developer and trainer for the Boston Persistent Poverty Project of The Boston Foundation.
- 1996–1998 Coordinator for Public Policy Forum for Partners for Public Health
- A Community Based Public Health Initiative funded by the W. K. Kellogg Foundation.
- 1995–1997 Principal investigator, Healthy Communities/Healthy Schools.
- This School-Linked Services project, funded by the Massachusetts Executive Office of Education, created partnerships between parents, schools, and community-based agencies in communities across Massachusetts. Technical assistance was provided by AHEC/Community Partners..
- 1990–1996 Principal investigator, Community Partners project
- Funded by the W. K. Kellogg Foundation to implement, disseminate, and evaluate a technical assistance model of coalition development in ten communities across Massachusetts.
- 1995 Collaborator on US AID project working to develop a citizens' academy in Russia focusing on community development issues. Hosted Russian activists for tour of Massachusetts.
- 1981–1990 Special Consultant to Mayor, City of Northampton, Massachusetts
- 1981–1990 Chair, Mayor's Task Force on Deinstitutionalization, Northampton, Massachusetts
- 1987–1990 Consultant, Early Intervention Task Force, City of Northampton, Massachusetts
- 1985–1987 Principal Investigator, "National Technology Transfer Project
- Promoting the implementation of effective primary prevention programs at the community level"
- 1981–1982 Director, Outpatient Clinic, Franklin/Hampshire Community Mental Health Center, Northampton, Massachusetts
- 1977–1981 Director, Consultation and Education (C&E), Franklin/Hampshire Community Mental Health Center, Northampton, Massachusetts

## Academic Experience

- 1983–1985; 1995–present     Adjunct Assistant Professor, Division of Public Health, School of Health Sciences, University of Massachusetts, Amherst, Massachusetts
- May 1989–July 2002     Associate in Family Medicine and Community Health, the University of Massachusetts Medical School, Worcester, Massachusetts
- Jan. 1984–1988     Visiting Scholar, Stone Center, Wellesley College, Wellesley, Massachusetts

## Publications

- Berkowitz, B., & Wolff, T. (1998). Rethinking social action and community empowerment: A dialogue. In M. Brinton Lykes et al.(Eds.), *Unmasking social inequalities: Victims, voice and resistance* (pp. 296–317). Philadelphia: Temple University Press.
- Berkowitz, B., & Wolff, T. (2000). *The spirit of the coalition*. Washington, DC: American Public Health Association.
- Cancela, V., Alpert, J., Wolff, T., & Dachs, S. (2004). Psychological approaches to community health: Community health psychology. In R. H. Rozensky et al. (Eds.), *Psychology builds a healthy world* (pp. 155–185). Washington, DC: American Psychological Association.
- DeChiara, M., Unruh, E., Wolff, T., & Rosen, A. (2001). *Outreach works: Strategies for expanding health access in communities*. Amherst, MA: AHEC Community Partners.
- DeChiara, M., & Wolff, T. (1998) Topics of our times: If we have the money, why is it so hard? *American Journal of Public Health*, 88 (9), 1300–1302.
- DeChiara, M., Wolff, T., & Unruh, E. (2001). Health access networks: Advocating social justice from the ground up. *AHEC Bulletin*, 28 (2), 6–7.
- Fawcett, S., Francisco, V., Schultz, J., Berkowitz, B., Wolff, T., & Nagy, G. (2000). The Community Tool Box: A web based resource for building healthy communities. *Public Health Reports*, 115 (2/3), 274–278.
- Gallant, R., Cohen, C., & Wolff, T. (1985). Change of older persons' image, impact on public policy result from Highland Valley empowerment plan. *Perspective on Aging*, 14 (5) (September/October), 9–13.

- Hazel, K., Meissen, G., Snell-Johns, J., & Wolff, T. (2006). Without community practice, where art thou community psychology? *The Community Psychologist*, 39 (2), 42–44.
- Lee, P., Fuccillo, R., & Wolff, T. (2000). Key components of a statewide healthy community effort. *Public Health Reports*, 115 (2/3), 134–138.
- Pierce, R., & Wolff, T. (1970). Modification of group therapy for use on the college campus. *Journal of the American College Health Association*, 18, 234–237.
- Shultz, J., Fawcett, S., Francisco, V., Wolff, T., Berkowitz, B., & Nagy, G. (2000). The Community Tool Box: Using the internet to support the work of community health and development. *Journal of Technology in Human Services*, 17 (2/3), 193–216.
- Snow, D., and Wolff, T. (1983). Developing guidelines and standards for the delivery of consultation and education services. *Consultation*, 3 (1), 38–46.
- Wolff, T., & Swift, C. (2008). Reflections on “real world” community psychology. *Journal of Community Psychology* (forthcoming).
- Wolff, T. (1969). Undergraduates as campus mental health workers. *Personnel and Guidance Journal*, 48, 294–304.
- Wolff, T. (1973). Consumer participation course. *WICHE Newsletter*, Western Interstate Commission for Higher Education (December).
- Wolff, T. (1974). Helping students change their environments. *Personnel and Guidance Journal*, 52 (8) (April), 552–556.
- Wolff, T. (1974). Reflections of a campus social change agent. *WICHE Newsletter*, Western Interstate Commission for Higher Education (February).
- Wolff, T. (1982). Consultation and education in community mental health centers: A setting for applied community psychology. *Division of Community Psychology Newsletter*, (Summer).
- Wolff, T. (1986). The community and deinstitutionalization: A model for working with municipalities. *Journal of Community Psychology*, 14, 228–233.
- Wolff, T. (1987). Community psychology and empowerment: An activist's insights. *American Journal of Community Psychology*, 15 (2) (April), 149–166.
- Wolff, T. (1990). *Coalition building: One path to empowered communities*. Amherst, MA: AHEC/Community Partners.

- Wolff, T. (1994). Communities and prevention: a cause for celebration or worry. *National Mental Health Association Quarterly Prevention Newsletter*, 5 (3) (Fall/Winter), 1-4.
- Wolff, T. (1995). Healthy Communities Massachusetts: One vision of civic democracy. *Municipal Advocate*, 14 (2) (Spring), 22–24. Reprinted: *Michigan Municipal Review*, March 1996; *Western City*, League of California Cities, August 1996.
- Wolff, T. (1996). An assets-based approach to building communities. *The National AHEC Bulletin*, 13 (1) (Winter), 6-12.
- Wolff, T. (1999). *Coalition building tip sheets*. Amherst, MA: AHEC/Community Partners. Originally issued as inserts in *Community Catalyst*, bi-monthly newsletter of AHEC Community Partners, 1992–1998.
- Wolff, T. (2000). Applied community psychology: On the road to social change. In J. Rappaport & E. Seidman (Eds.), *Handbook of community psychology* (pp. 771–778). New York: Kluwer Academic/Plenum.
- Wolff, T. (2001). A practitioner’s guide to successful coalitions. *American Journal of Community Psychology*, 29 (2), 173–191.
- Wolff, T. (2001). Community coalition building—contemporary practice and research: An introduction. *American Journal of Community Psychology*, 29 (2), 165–191.
- Wolff, T. (2001). The future of community coalition building. *American Journal of Community Psychology*, 29 (2), 263–268.
- Wolff, T. (2003). The Healthy Communities movement: A time for transformation. *National Civic Review*, 92 (2), 95–113.
- Wolff, T. (2003). A practical approach to evaluating coalitions. In T. Backer (Ed.), *Evaluating community collaborations* (pp. 57–112). New York: Springer Publishing.
- Wolff, T. (2005). Creating a vision for the future of community psychology. *The Community Psychologist*, 38 (4), 36–38.
- Wolff, T. (2007). My life as a community activist. In J. G. Kelly & A. V. Song (Eds.), *Community psychology in practice: An oral history through the stories of five community psychologists* (pp. 61–80). *Journal of prevention & intervention in the community*, v. 35, no. 1. New York: Haworth Press.
- Wolff, T. (Ed.) (1992, 1995). *Coalition sampler*. Amherst, MA: AHEC/Community Partners.

- Wolff, T. (Ed., special issue). (1994). Working in communities. *The Community Psychologist* 27 (3) (Summer), 28–47.
- Wolff, T. (Ed., section). (2000). Practitioners' perspectives. In J. Rappaport & E. Seidman (Eds.), *Handbook of community psychology* (pp. 741–778). New York: Kluwer Academic/Plenum.
- Wolff, T. (Ed., section). (2001). Community coalition building: Contemporary practice and research. *American Journal of Community Psychology*, 29 (2), 163–329.
- Wolff, T., & Kaye, G. (1999). *The Boston Community Building Curriculum Principle V: Ensuring access to fundamental opportunities and removing obstacles to equal opportunity*. The Boston Foundation.
- Wolff, T., & Kaye, G. (Eds.). (1995). *From the ground up: A workbook on coalition building and community development*. Amherst, MA: AHEC/Community Partners.
- Wolff, T., & Levine, J. (1977). Peer intervention in a married student community. *Personnel and Guidance Journal* 56 (April), 490-493.

### **Selected Presentations**

- “Creating Healthier Communities from the Ground Up.” Healthcare Forum Leadership Retreat, Colorado Springs, CO. July 1998.
- “Collaboration of Partnerships.” Department of Mental Retardation Leadership Training, Holyoke, MA. September 1998.
- “Coalition Building.” Keynote address. Community Foods Security Coalition, annual meeting, Pittsburgh, PA. October 1998.
- “Working in Collaboratives.” Celebrating Youth and Families Conference, Pro-Youth Coalition, Santa Barbara, CA. October 1998.
- “Learning about Coalition Effectiveness.” Building with Communities towards The New Millennium Centers for Disease Control and Prevention (CDC) Prevention of Teen Pregnancy Conference, workshop, Atlanta, GA. March 1999.
- “Building Hope and Inspiration through Community Coalitions.” Rural Poverty Conference, Gill, MA. March 1999.
- “Healthy Cape Cod.” Keynote address. Barnstable County Department of Health & Human Services, annual meeting, Hyannis, MA. April 1999.
- “The AHEC Role In Building Community Capacity to Improve Health.” National AHEC (Area Health Education Center) Conference, workshop, Louisville, KY. August 1999.

- “Building Healthy Communities: A New Opportunity for the Medical School and Clinicians.” University of Massachusetts Medical School, Department of Family Medicine and Community Health, grand rounds, Worcester, MA. October 1999.
- “Building Structures For Success.” Catamount Partnership, community-building workshop, Bennington, VT. October 1999.
- “Collaboration Clinic.” New Ventures in Philanthropy, Washington, DC. April 2000.
- “Coalition Building: Models, Methods, Tools and Resources.” State Mental Health Olmstead Coordinators, annual training institute, Washington, DC. 2001.
- “Healthy Communities: Building Communities from the Ground Up.” American Psychological Association, annual meeting, San Francisco, CA. 2001.
- “Community Development Workshop.” American Cancer Society, Alexandria, VA. 2001.
- “Creating Social Capital through Healthy Communities.” NECON Conference (The New England Coalition for Health Promotion and Disease Prevention), Waltham, MA. 2001.
- “Moving the American Cancer Society to a Community Development Model.” American Cancer Society, Framingham, MA. 2002.
- “Coalition Building for Olmstead.” Wyoming Department of Mental Health, Casper, WY. 2002.
- “Building Successful Asthma Coalitions.” Ohio Statewide Asthma Coalition, Columbus, OH. 2003.
- “Engaging the Community in Asthma.” Connecticut Statewide Asthma Coalition, Hartford, CT. 2003.
- “Creating Social Change from the Ground Up: Rallying Points. National End of Life Coalitions, Boston, MA. 2003.
- “Sustainability: Defining a Legacy, Creating Community Peace” Immersion training Institute, Institute for Community Peace, San Diego, CA. March 2004.
- “Building Hope through Collaborative Solutions.” Champions for Progress—Children with Special Health Care Needs. April and June 2004.
- “Safe and Healthy Neighborhoods.” Northern Kentucky Poverty Symposium, Covington, KY. May 2004.
- “Coalition Building from the Ground Up.” Cooperative Extension Service, Durham, NH. May 2004.
- “Building Healthy Communities from the Ground Up: Engaging the Grassroots.” New England Rural Health Roundtable, Nashua, NH. October 2004.

- “Creating a Legacy through Collaborative Solutions.” Keynote address, Healthy Communities Access Program (HCAP) annual meeting, Bureau of Primary Health Care (BPHC), Washington, DC. November 2004.
- “Building and Sustaining Coalitions.” Tennessee Department of Public Health TASK Conference, Nashville, TN. March 2005.
- “Building Healthy Communities in the Arts.” Arts Extension Service, University of Massachusetts, Amherst, MA. June 2005.
- “Creating the Future of Community Psychology: A Visioning Process.” Society for Community Research and Action, biennial conference, Urbana, IL. June 2005.
- “Principles and Applications of Community Engagement and Mobilization.” Centers for Disease Control and Prevention (CDC) Annual Rape Prevention and Education Meeting, Atlanta, GA. July 2005.
- “Principles and Applications of Coalition Building.” Campus Community Partnerships, Boston University School of Public Health, Worcester, MA. September 2005.
- “Community Engagement and Mobilization for Parkinson Care.” Community Partners for Parkinson Care, National Parkinson Association, San Francisco, CA. October 2005.
- “Mission Possible: Leadership Development.” West Central Initiative, Fergus Falls, MN. September, October, and November 2005.
- “Coalition Building: Key Elements of Success.” National Conference of U.S. Breastfeeding Coalitions, Alexandria, VA. January 2006.
- “Community Engagement in Coalitions.” Meharry Medical College, visiting scholar, Nashville, TN. January 2006.
- “Creating a Legacy: Successfully Sustaining Your Efforts.” Centers for Disease Control and Prevention (CDC) Violence Prevention Meeting, Atlanta, GA. January 2006.
- “Building Effective Coalitions: Principles and Applications of Community Engagement and Mobilization.” Connect to Protect: HIV Prevention, Rockville, MD. March 2006.
- “Practicing Community Psychology—Trials and Tribulations.” Wichita State University, Psychology Department and Self Help Network, Wichita, KS. April 2006.
- “Building Effective Coalitions.” Massachusetts SABES (State Adult Basic Education Programs), Worcester, MA. April 2006.
- “Building Effective Collaboration for Nutrition and Physical Activity.” Kansas Health Foundation, Wichita, KS. May 2006.
- “Principles and Applications of Community Engagement and Mobilization: Building Effective Coalitions.” Nevada Oral Health Coalitions, Las Vegas, NV. June 2006.
- “Where Art Thou Community Practice?” First International Conference on Community Psychology, University of Puerto Rico, San Juan, PR. June 2006.

- “Building Effective Collaborations.” Prevent Institute (a program of the National Training Initiative for Injury and Violence Prevention, jointly sponsored by the State and Territorial Injury Prevention Directors Association [STIPDA] and the Society for the Advancement of Injury Research [SAVIR]), Developing Leaders in Violence Prevention, University of North Carolina, Chapel Hill, NC. August 2006.
- “Building Community Across America.” American Psychological Association annual meeting, invited address. New Orleans, LA. August 2006.
- “Building a Vibrant Spartanburg through Its Non Profit Sector.” Mary Black Foundation, Spartanburg, WV. September 2006.
- “Building Effective Substance Abuse Prevention Collaborations.” Vermont Conference on Addictive Disorders, Fairlee, VT. October 2006.
- “Building Community Across America: Collaborative Solutions.” Georgia State University, Psychology Department, Atlanta, GA. October 2006.
- “Building Effective Oral Health Coalitions.” Centers for Disease Control and Prevention (CDC) Oral Health Program, Atlanta, GA. October 2006.
- “Creating a Legacy: Successfully Sustaining Your Efforts.” First National Conference for Caregiving Coalitions, Chicago, IL. March 2007.
- “Collaborative Solutions for Communities.” Kansas Health Foundation Recognition Grant Conference, Wichita, KS. April 2006; April 2007.
- “Building and Sustaining Tobacco Coalitions.” Wyoming Tobacco Coalitions, Casper, WY. April 2007.
- “Creating a Legacy: Sustaining Your Efforts.” Healthy Wisconsin Leadership Institute, Community Teams Program, Madison, WI. April 2007.
- “Principles and Applications of Community Engagement and Mobilization.” Metrowest Health Leadership Program, Metrowest Community Health Care Foundation. Framingham, MA. May 2006; June 2007.
- “Visioning Policy for the 21<sup>st</sup> Century.” Keynote address, Conference Society for Community Research and Action, biennial conference, Pasadena, CA. June 2007.
- “Building and Sustaining Asthma Coalitions.” North Carolina Asthma Program, Asheville, NC. August 2007.
- “Building Healthy Communities in Healthcare through Collaborative Solutions.” Oregon Health Sciences University and the Oregon Center for Children and Youth with Special Healthcare Needs, visiting scholar, Portland, OR. October 2007.

### **Organizational Consultation and Training (selective listing)**

Selected Clients: National

Robert Wood Johnson Foundation  
W. K. Kellogg Foundation  
MacArthur Foundation  
New Ventures in Philanthropy  
The Boston Foundation  
Centers for Medicare and Medicaid Services  
Centers for Disease Control and Prevention  
American Optometric Association  
National Community Food Security Programs  
National Council on Aging  
Institute for Community Peace  
Substance Abuse and Mental Health Services

Selected Clients: Regional and local

*California:* Sierra Health Foundation  
*Canada:* Manitoba Public Health Institute  
*Connecticut:* Connecticut Hospital Association  
Connecticut MATCH Tobacco Coalition  
*Kentucky:* Northern Kentucky Community Action Commission  
*Maine:* Keeping Children Safe Downeast  
Maine Lung Association  
*Massachusetts:* Baystate Medical Center Community Medicine Residency Program  
CARE (Collaborative for Abuse Prevention in Racial and Ethnic Minority  
Communities)  
Chicopee Public School System  
Children's Trust Fund  
Cleghorn Neighborhood Center  
Department of Mental Health—Supervision, Prevention  
Early Intervention Task Force, City of Northampton, Consultant  
Elder Services of Berkshire County  
Franklin County Commissioners

Governor's Highway Safety Bureau—Saving Lives Program  
Greater Lowell Alliance for People  
Health Care For All  
Healthy Boston—Boston Department of Health and Hospitals  
Highland Valley Elder Services, Inc.—Special Consultant  
Holyoke Community Partnership  
Institute for Non Profit Development at Mount Wachusett Community  
College  
Lawrence Teen Pregnancy Coalition  
Martha's Vineyard Health Council  
Massachusetts Attorney General's Hospital Community Benefit Program  
Massachusetts Department of Education  
Massachusetts Department of Mental Retardation  
Massachusetts Department of Public Health  
Massachusetts Department of Social Services  
Massachusetts Department of Social Services, Community Connections  
Massachusetts Governor's Highway Safety Bureau  
Massachusetts Secretary of Administration and Finance Consultation on  
Prevention  
Merrimack Valley Elder Services  
North Central Massachusetts Minority Coalition  
North Quabbin Community Coalition  
Stavros Advocates for Independent Living  
The Boston Foundation  
Toxics Use Reduction Institute  
Veterans Administration Medical Center, Leeds  
Western Massachusetts Regional Libraries  
Western Massachusetts Training Consortium  
*New Hampshire:* New Hampshire Extension Service  
*Washington:* Washington State Medicare Savings Coalition  
*Wyoming:* Wyoming Department of Mental Health

## **Professional Status and Memberships**

American Psychological Association

Fellow, Division 27, Community Psychology

Chair, Visioning and Practice Task Force, 2005–present

Chair, Division 27, Task Force on Community Psychologists in Applied Settings, 1979, 1989

Massachusetts Psychological Association

Fellow

Member, Legislative Committee, 1987

Karuna Center for Peacemaking

Member, Board of Directors, 2003–2007

Community Partners, Inc.

President, Board of Directors, 2001–2003

Licensed Psychologist in Massachusetts, 1974–1999

(In 1999, I switched my private practice from clinical work to consultation.)

*Community Catalyst*

Contributing Editor, 1991–1998

Leverett/Amherst (MA) School Committee, 1988–1991

Massachusetts Self-Help Clearing House

Board Member, 1989

National Register of Health Services Providers in Psychology

Member, 1987

*Journal of Community Psychology*

Consulting Editor, 1983–1986

*Prevention News*, published by National Council of Community Mental Health Centers

Quarterly column on legislative issues, 1983–1986

Council on Prevention, National Council Community Mental Health Centers

Member 1978–1983

Chair, 1980–1982

*Community Mental Health Journal*

Editorial Advisory Board, 1980

Book Reviewer, 1983

